

## Contact **Project I AM THAT I AM** from **Ingrid Ortmann**

**Project I AM THAT (True) I AM** - from **Ingrid Ortmann** - is based in **Hamburg (Germany)** and **operates regional, national and internationally**. I communicate with my national and international clients via new media such as "Skype" for video / phone sessions. Of course, you can also use my services personally in Hamburg or during traveling trips. I use "ancient wisdom", proven principles and newest knowledge / methods from practice, research and spirituality.

### **Areas of my holistic and multidimensional work include:**

- ♥ Holistic and multidim. Life Coaching & Business Coaching & Consulting (Individuality & Executives)
- ♥ Coaching & Development: I AM MYSELF / I AM THAT (TRUE) I AM
- ♥ Holistic Life- and Business Development & Change & Change Management
- ♥ Support Balance & Self-Healing
- ♥ Holistic further education / training & project I AM MYSELF
- ♥ Multidimensional work (consciousness & energetic & spirit & mind)
- ♥ Creation from the quantum field + conducive use of creative power
- ♥ Exploiting potentials & BEING SELF & raising awareness & success & developing conducive power & freedom & peace & security
- ♥ Making fields / grids / resources / portals (spiritual, energetically, materially) usable in a conducive way
- ♥ Self-responsibility & integrity & authentic being / thinking / speaking / feeling / acting
- ♥ Upgrade mental & emotional & earthly & spiritual & energetic & quantum
- ♥ Redeem conditioning & transformations & realize big goals
- ♥ Enable coherence with mental, energetic and mental principles
- ♥ Organizing flows and enabling "sacred order"
- ♥ Enabling balancing and self-healing
- ♥ Alignments & Activations & Integration of Essentials
- ♥ Quantum purification / - Energization as well as crystalline purification / - Energization

### **Projekt I AM THAT I AM**



**Dipl.-Ing. Ingrid Ortmann**  
**merges intuition + knowledge + practice**  
**in Coaching session and education**

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I look forward to support you.

More information about my life journey, please click on my website under "über Ingrid Ortmann" and there you will find a link to the English pdf-version of "about Ingrid Ortmann")